

"We offer each child our full commitment, regardless of obstacles, belief in their self worth, a safe place and the opportunity to experience a relationship with at least one unconditionally caring adult."

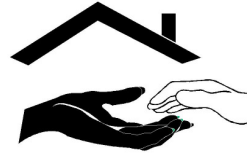
Terri Varnum, President & CEO of
Ettie Lee Youth & Family Services



Ettie Lee Youth & Family Services

Saving Lives, Changing Lives, Building Hope

Group Home and Foster/Adoption Services



ETTIE LEE
Youth & Family Services



"I want to thank Ettie Lee for helping my son. I knew that if he stayed on the streets he was going to die by a bullet."

-Mother of graduate

Group Home Services

Small, safe, home-like environments for ambulatory boys ages 11-18+ that:

- Specialize in boys who have severe emotional/behavioral problems and/or academic failure
- Serve Los Angeles, Riverside, San Bernardino and Orange Counties
- Are RCL 12 rated group homes
- Offer Mental Health Services including Evidence-based practices such as Seeking Safety, Aggression Replacement Therapy, Trauma Focused Cognitive Behavior Therapy and Dialectical Behavior Therapy
- Offer Intensive Day Program with on-site school and certified drug and alcohol treatment program
- Address specific behaviors including:

Severe emotional dysregulation

Minimal distress tolerance skills

Lack of positive interpersonal skills resulting in impulsive, aggressive, disruptive and self-destructive behaviors Loss and abandonment behaviors

Extreme high and low mood swings

Family origin of issues such as drugs/alcohol abuse, domestic/family violence and sexual abuse, criminal and gang involvement, acculturation issues and limited parental supervision

- Additional services include alcohol and other drug testing, positive communication skills, UA testing and psychiatric and medication support

Foster / Adoption Services

Foster homes for ambulatory boys and girls ages 0-18+ offer:

- Bilingual speaking families
- Bilingual staff
- Pre/Post foster parent trainings
- Monitored visitations
- Regular family activities
- Free tutoring
- Adoption Services
- Mental Health Services
 - Evidence-based practices*
 - Seeking Safety*
 - Aggression Replacement Therapy*
 - Trauma Focused Cognitive Behavior*
 - Dialectical Behavior Therapy*
- Intensive Treatment Foster Care

"The children and families in our care deserve to receive high quality services that are supportive and effective. We are committed to doing the best we possibly can to foster hope in our communities."

Michelle Chiappone,
Director of Ettie Lee's
Mental Health Services

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WHO ARE WE?

Ettie Lee Youth & Family Services is a 62 year old agency that Saves Lives, Changes Lives, and Builds Hope for children and families in family-like settings. It is manifested through our services to some of the most troubled children – exposed to violence and gang behavior, unstable homes, drug and alcohol abuse or school failure – who become involved with either the juvenile justice or foster care system.

“Today I am writing this letter to let you know that I really appreciate what you’ve done for me. I believe that you have a gift and that’s helping out adolescents like myself. You have the power to make a juveniles life better and even though it’s a placement you somewhat make it feel like home. You made placement open my eyes and realize what life’s really about.”

Jesus Z.
Mt. Jurupa Home, 2011

“I had such a positive experience with my Ettie Lee foster family that I am still in contact with them 14 years later!”

Monica Sevajian, 2011

▶ Group Homes

In 2009 in Los Angeles alone there were over 49,000 arrests of juveniles and their recidivism rate is approximately 50%. These staggering numbers affect all of us and often lead to lost lives in prison creating significant



costs for our society. The most effective treatments can reduce recidivism by 30-35%.

Ettie Lee’s six Group Homes are licensed to serve 60 boys ages 8-18+ and use these effective treatments types. Our highly-trained group home staff is dedicated to reducing recidivism rates through our cost-effective, individualized, evidence based treatment program that addresses mental health issues such as co-occurring disorders, aggression/violence reduction, substance abuse and school failure.

Daily Group Home Program

- Safety, structure and containment in a home-like setting
- Coaching in the moment, real-life practice
- Teaching effective relationship skills
- Assisting young men to quickly de-escalate their crises
- Staff aid young men to be successful students (i.e. tutors, etc)

On-Site School (part of Intensive Day Program)

- Small classes in a structured and contained environment
- Promotes earning credits and improving grades
- Skill building in real school settings
- Opportunity for positive experience at school
- Provides testing for high school diploma and GED status

▶ Drug / Alcohol Program (part of Intensive Day Program)

- Education and risk management
- Consultation for prevention or relapse
- Skills building to understanding triggers and urges
- Participate in community services such as 12-step panels
- Drug testing

Mental Health Services

- Individual and Family Therapy
- Each group home has an assigned therapist
- Therapists are trained in evidence-based skills and methodology (ART, SS, TFCBT, DBT)
- Communication and relationships between a young man and his family are enhanced
- Psychiatric and medication support
- Therapeutic Behavior Services - intensive, short term, one-on-one intervention to stabilize and prevent placement disruption

After-Care

- Continuity of Care
- Skill building at home, at school and in the community
- Individual and family therapy
- Link up with community resources

“We help the young men to learn and practice skills which make it possible for them to deal with life on life’s terms and develop lives worth living.”

Donald Parrington, Director of Ettie Lee’s Intensive Day Program

“We provide safe, supportive, caring homes so that the healing process may begin.”

Richard G. Myatt, Director of Ettie Lee’s Residential Program

▶ Foster Care/Adoption

Each year in Los Angeles, the Department of Children and Family Services receives more than 167,000 referrals alleging that children have been abused or neglected. As of January 2008, there were more than 27,000 children in foster care in Los Angeles County. Of the children currently in foster care, 1,400 are currently awaiting adoptive families. (CASA, 2009).

Pre/Post Foster parent trainings. Foster parents receive training from Ettie Lee’s professionals.

Bilingual speaking families and staff

Adoption services

Free tutoring

Mental Health Services including Therapeutic Behavior Services

Intensive Treatment Foster Care / ITFC

Extraordinary individuals who focus on one child between 6-17 years of age, who have serious emotional problems and often have spent many years in many different homes.



Santos (front) found his permanent home with parents Kevin and Rose (not pictured)



Photo: © 2011 Angela Maria-Liberti S

“We are committed to each and every child, each and every day who come through our doors and need positive, stable, loving and permanent homes.”

Karen Cash, Director of Foster Care/Adoption Agency