

# Ettie Lee Youth and Family Services

## Referral for TBS Services

Fax or email TBS Referral to: Thomas Leppold, LMFT #44263

Phone: (909) 620-2521 Cell: (626) 236-0954

Email: [thomas\\_1@ettielee.org](mailto:thomas_1@ettielee.org) Fax: (909) 620-9793

Please fill out form listing as much information as possible regarding the client being referred for TBS Services including listing the behaviors / symptoms to be targeted by TBS Services, the frequencies of the behaviors / symptoms, when they occur and do not occur, onset and severity /intensity of behaviors / symptoms.

If needed use additional paper or write on back of form or email.

**If the client is being referred from an agency outside of Ettie Lee, the following paperwork / forms are needed to open the client in TBS:** LAC DMH Child / Adolescent Full Assessment, Payer Financial Information (PFI), Authorization to disclose / release Protected Health Information (PHI), and copy of client's MediCal card. A copy of the client's current Treatment Plan is helpful but not required.

**Date of Referral:** \_\_\_\_\_

### Demographic and Placement Information:

Name of Child: \_\_\_\_\_ Male or Female \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ SS#: \_\_\_\_\_

Medi-cal #: \_\_\_\_\_ County: \_\_\_\_\_

MIS# \_\_\_\_\_ Ethnicity: \_\_\_\_\_

MH Services (Current Episode) Admit Date \_\_\_\_\_

Group/Foster Home Admit Date (Current Placement) \_\_\_\_\_

Group/Foster Home Discharge Plan  Reunification  Emancipation

School: \_\_\_\_\_ Grade: \_\_\_\_\_

School Address: \_\_\_\_\_

IEP Services:  Yes  No

When does client attend school? \_\_\_\_\_ AM to \_\_\_\_\_ PM

What time does client return home from school? PM \_\_\_\_\_

School suspensions How many? \_\_\_\_\_  School expulsions How many? \_\_\_\_\_

Suicide Attempts/Ideation:  Yes  No Hospitalized for psychiatric reasons  Yes  No  
List current or history of suicide attempts/ideation.

\_\_\_\_\_  
\_\_\_\_\_

Gang History:  Yes  No Name of Gang and Activities: \_\_\_\_\_

Current Drug Use:  Yes  No (list drugs used and frequency)

History of Drug Use:  Yes  No (list drugs used and frequency)

Current Medications (listing names of medication, dosages in milligrams and frequency)

Referred by: \_\_\_\_\_ Phone #: \_\_\_\_\_

Referring Agency: \_\_\_\_\_ Phone #: \_\_\_\_\_

Contact Person @ Agency: \_\_\_\_\_ Phone#: \_\_\_\_\_

Resides: Group/Foster Home/ Home: \_\_\_\_\_

Address, City, Zip: \_\_\_\_\_

Phone# \_\_\_\_\_

Placing Worker Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address, City, Zip: \_\_\_\_\_

Ward of Court (Probation):  Dependent of Court (DCFS):  Dual:

Estimated discharge or court date (If in Group Home/Foster Home): \_\_\_\_\_

If Resides with Bio/Legal Guardian:

Parent/Legal Guardian Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Address, City, Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Primary Language: \_\_\_\_\_

Speaks English? \_\_\_\_\_

**Reason for referral for TBS Services:**

- To prevent placement in higher level of care  
(RCL 12 or RCL14 placement or locked unit or Juvenile Hall / Camp for example)
- To prevent further psychiatric hospitalization  
(Psychiatric hospitalization with in the past 24 months for same mental health problem)
- Client / youth previously received TBS while a member of the certified class  
(Psychiatric hospitalization with in the past 24 months for same mental health problem)
- To ensure transition to lower level of care  
(To return to foster parent or parent's home or to emancipate)

**Behaviors which are to be the Focus of TBS Treatment Goal(s)**

- Verbal Aggression**
  - Severe Arguments  Threats  Gang Talk  Belittling or demeaning  Cursing
  - Other, Describe \_\_\_\_\_

**Behaviors Directed Toward:**

- Peers  Group Home Staff  Foster Parents/Parents  Siblings  Teachers/School
- Occurring in:  Group Home  School  Foster Home  Home  Community

Times of Day Behaviors Occur: \_\_\_\_\_  
Times of Day Behaviors do NOT Occur: \_\_\_\_\_  
Frequency: \_\_\_\_\_ Duration: \_\_\_\_\_  
Triggers: \_\_\_\_\_

**Physical Aggression**

- Hitting  Kicking  Fighting  Throwing Objects  Biting  Destroying Property

Other, Describe: \_\_\_\_\_

**Behaviors Directed Toward:**

- Peers  Group Home Staff  Foster Parents/Parents  Siblings  Teachers/School
  - Pets/Animals
- Occurring in:  Group Home  School  Foster Home  Home  Community

Times of Day Behaviors Occur: \_\_\_\_\_  
Times of Day Behaviors do NOT Occur: \_\_\_\_\_  
Frequency: \_\_\_\_\_ Duration: \_\_\_\_\_  
Triggers: \_\_\_\_\_

**High Risk/Self Injurious Behavior**

- Punching Walls  Running into the streets  Breaking Windows  Running Away  
 Non-suicidal Self Injury, e.g., Self Cutting, Burning, Head Banging, etc.:

Please Describe: \_\_\_\_\_

Other, Describe: \_\_\_\_\_

**Behaviors Directed Toward:**

- Peers  Group Home Staff  -Foster Parents/Parents  Siblings  Teachers/School  
 Pets/Animals

Occurring in:  Group Home  School  Foster Home  Home  Community

Times of Day Behaviors Occur: \_\_\_\_\_

Times of Day Behaviors do NOT Occur: \_\_\_\_\_

Frequency: \_\_\_\_\_ Duration: \_\_\_\_\_

Triggers: \_\_\_\_\_

**Does the client's symptomology require that his Coach be of a specific sex?**

Yes  (if yes: Male  Female ) No  (Please note TBS may not be able to meet this need)

**For Each TBS Target Behavior Listed:**

How often are the Behaviors that are the Focus of Treatment for TBS Services occurring? (List the number of times per day or week and duration the behavior(s) are occurring. Write a statement for each behavior which is to be targeted for TBS Services.

When do the Behaviors that are the Focus of Treatment for TBS Services occur? Are there places or times the Behavior does not occur? (List when and where the behaviors occurring).

How severe and intense are the Behaviors that are the Focus of Treatment for TBS Services and long do these behaviors last?(List when and where the behaviors occurring).

What are the client's strengths and interests?

Does client have family that is involved in his treatment? Please list name and relationship (If none write none.): \_\_\_\_\_

**Current Diagnosis:**

Primary: \_\_\_\_\_ Code: \_\_\_\_\_

Secondary: \_\_\_\_\_ Code: \_\_\_\_\_

Secondary: \_\_\_\_\_ Code: \_\_\_\_\_

**Mental Health Code:**

- Primary support group       Social environment       Educational       Occupational
- Housing       Economic       Access to health care       Interaction with legal system
- Other psychosocial/environmental       Inadequate information       Other: \_\_\_\_\_

**Medical Code: (if any)**

Primary: \_\_\_\_\_ Code: \_\_\_\_\_

Secondary: \_\_\_\_\_ Code: \_\_\_\_\_